

WEEKLY FOOTBALL TRAINING 2009

WITH FOOTBALL PASSION®

Football Passion organises football training throughout the year. A chance to exercise and improve...

But most of all have **FUN LEARNING**

1) **SUNDAY JUNIOR CLASS (5-7 yrs old), 9.30am-10.30am**

Training session for the youngsters to start learning a little about football. An introduction to football focused on getting kids interested and excited about playing....developing 'Coordination, Ball work / Ball Mastery, Agility' & training in a group / team environment.

2) **WEDnesday Session (7-16 yrs old), 4.30pm - 6.30pm**

Develop football skills & technical ability. We **guide**, train and coach individual skills as well as basic tactical awareness and development. The players in this session are divided into the respective age groups **U8, U10, U12** and **U14/16** train together in the same group.

3) **FRIday Session (10-16 yrs old), 5.30pm - 7.30pm**

This session is split into 2 groups – **Goalie Clinic & Player training**. **Goalie clinic** focuses on developing basic techniques and fundamentals of goalkeeping and working on specific fitness for goalies. **Player training** with strong focus on tactical development teaching positioning, movement and understanding of the game...

Online Registration & more information @

www.footballpassion.com.sg

Or you can contact LUKE @

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